

HUUG Program



Helping Us Understand Grief

is a program for children and youth (up to 18 years of age) who have a family member suffering from a terminal illness.

The program will offer in-home visits and will carry through into bereavement support after the death has occurred.

How will we help?

- ✓ Provide 1:1 support for children affected by life limiting illness
- ✓ Offer guidance and support to families, agencies, schools and professionals on how to support the children or youth
- ✓ Engage with schools to educate school communities on the importance of talking about death and dying with children

As a community, we need to ensure our children are safe, healthy, active, nurtured, achieving, respected, responsible and included.

HOW

HOW DO WE SUPPORT YOUTH & CHILDREN?

➡ We offer age appropriate guidance and programs to renew confidence after a significant loss, while fostering and encouraging positive memories of the past.

➡ We help them acquire the language needed to express the confusing feelings associated with processing their loss.

➡ We provide individual or group programs (Day Camps) using therapeutic art or play therapy as tools for opening up the conversation.

➡ We ensure a caring and supportive environment, introducing others with similar stories, so there is not a feeling of *“why is this only happening to me?”*.

➡ We meet accessibility concerns, by meeting your child/youth in our office, at home, or after school.



Ask us for more details about any of our programs.

HOPE
Hospice Outreach
Programs of Elgin

MEMBER OF
GRIEF
Children and Youth
NETWORK

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